



Student Educational Series

Time: 2:20 – 3:09pm (Thursdays)

Place: Hamilton Library (Program Room)

Facilitators: Julianne and Steven (ASU MSW Interns)

(NO NEED TO REGISTER – OPEN TO ALL STUDENTS AT HAMILTON HIGH SCHOOL AND TEENAGERS IN THE COMMUNITY)

(The presentations below will provide you the tools to be successful in life. You will receive educational materials on various topics, learn strategies that can be implemented to change behavior, reduce stress, and develop effective communication skills.)

August 11th – “What it takes to be successful in life”

August 25th – “Improving your communication skills”

September 15th – “Are you struggling with depression or anxiety?”

September 29th – “Strategies for managing stress”

October 27th – “Cyberbullying and Internet Safety”

November 10th – “Teen Brain Development”

December 1th – “Building your confidence/self-esteem”

December 15th – “Are you engaging in drugs and/or self-harm?”



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January 19th – “Understanding Addictive Behavior”

February 2nd – “Strengthening your relationship with your family”

February 16th – “Conflict resolution and effective communication”

March 2nd – “Are you engaging in self harm behavior?”

March 30th – “What it takes to become a leader”

April 13th – “Active listening - do you really hear what others say?”

April 27th – “Effective ways to deal with stress”

May 11th – “Understanding the risks of prescription drug abuse”